

PULLED PORK BELLY BURGER

SERVES 4

INGREDIENTS

1 kg boneless pork belly
1 medium onion, finely chopped
½ cup apricot jam
1/3 cup Worcestershire sauce
4 cloves garlic, finely chopped
2 Tbsp grated ginger
2 red chillies, seeds removed, and finely chopped

½ cup white grape vinegar ½ cup apple cider vinegar

1 Tbsp chicken spice

1 tsp paprika

To serve

4 hamburger buns 2 cups shredded rainbow cabbage

METHOD

Preheat the oven to 180°C.

Place the pork belly in a big enough pot, add the onion and cover with water. Boil for 30–45 minutes, or until cooked through. Remove the pork belly from the water and set aside.

In a small saucepan, combine the apricot jam, Worcestershire sauce, garlic, ginger, chillies, white vinegar, apple cider vinegar, chicken spice and paprika. Cook over

low heat until the sauce has reduced to a thick glaze.

Place the pork belly in a roasting dish. Remove the skin. Pour the glaze over the pork belly, making sure it is coated all over. Bake in the oven for 15 minutes, or until tender enough to easily shred or pull apart.

Use two forks to shred the pork belly. Divide the shredded pork and cabbage evenly among the 4 hamburger buns, and serve.